

# EVALUATION SELF-TEST

## SHOULD YOU QUIT YOUR JOB? (19-26 POINTS)

HOPES AND DREAMS ARE NOT YET LOST.

A LOT IS GOING ON IN YOUR JOB. YOU ARE NOT SATISFIED WITH THE CURRENT SITUATION. WHEN YOU STARTED THE CAREER, YOU IMAGINED SOMETHING ELSE.

NOW YOU ARE FRUSTRATED WITH HOW THE SITUATION IN THE WORKPLACE IS DEVELOPING. THIS CAN HAVE A VARIETY OF REASONS: YOU FEEL LIKE YOU ARE WORKING TOO MUCH, YOUR RELATIONSHIP WITH THE BOSS OR WITH COLLEAGUES IS NOT THE BEST.

BEFORE YOU FINALLY THROW IN THE TOWEL:

- IF YOU STILL HOPE THAT YOUR BOSS WILL GIVE YOU OPPORTUNITIES, YOU SHOULD SEEK THE CONVERSATION AND EXPLAIN WHAT IS BOTHERING YOU. THINK ABOUT WHAT COULD BE CHANGED TO MAKE YOUR WORK MORE FUN AGAIN. IF, FOR EXAMPLE, YOU CANNOT GET ALONG WITH A CUSTOMER, IT MAY BE POSSIBLE TO SHARE THE WORK WITH A COLLEAGUE OR TO LOOK AFTER ANOTHER CUSTOMER. IF YOU FEEL UNCHALLENGED, OFFER YOURSELF TO TAKE ON DEMANDING TASKS.
- CONSIDER MOVING WITHIN THE COMPANY. SOMETIMES YOU'RE JUST IN THE WRONG DEPARTMENT OR IN THE WRONG LOCATION, AND YOU'D BE BETTER OFF SOMEWHERE ELSE
- THINK ABOUT CONTINUING VOCATIONAL TRAINING. IF YOUR CURRENT EMPLOYEE DOES NOT OFFER YOU THE DEVELOPMENT OPPORTUNITIES THAT YOU WANT, BECOME ACTIVE YOURSELF, AND LOOK FOR FURTHER TRAINING AND EDUCATION OPPORTUNITIES YOURSELF.

IF THE SITUATION DOES NOT CHANGE IN THE FORESEEABLE FUTURE, YOU SHOULD CHANGE JOBS.

IT DOESN'T HURT TO LOOK FOR SUITABLE OFFERS BEFORE AN EMERGENCY OCCURS. THE PRESSURE TO FIND SOMETHING SUITABLE QUICKLY IS STILL NOT THAT GREAT. YOU CAN LOOK AROUND FOR ALTERNATIVES IN PEACE.